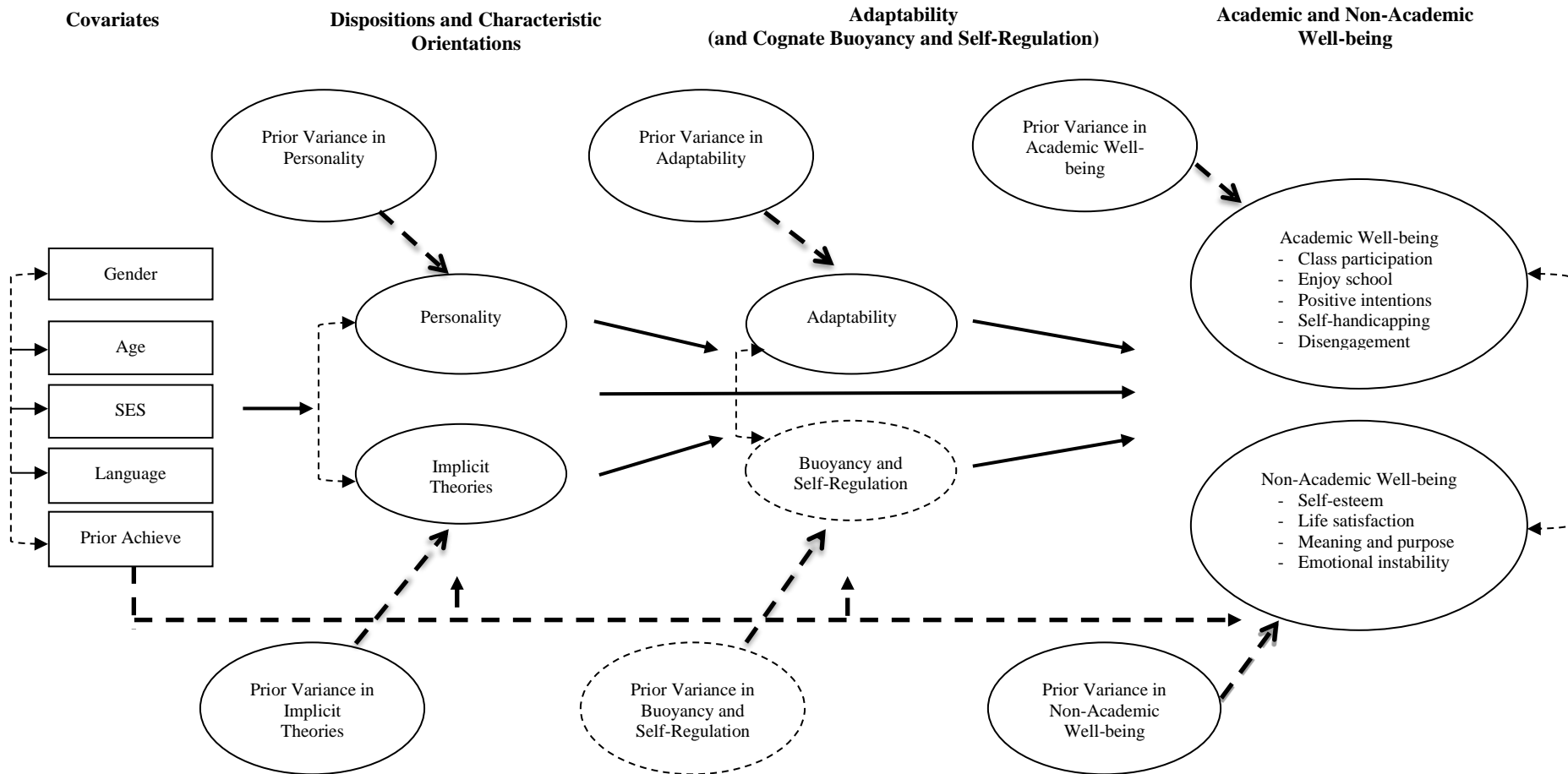**Figure 1**

Hypothesized model of adaptability: Socio-demographic and achievement covariates, personality and implicit theory predictors, and academic and non-academic well-being factors.

Notes. Bold lines represent paths of central interest. Dashed lines represent covariate parameters or correlations among factors; Dashed ellipse represents cognate factors to disentangle adaptability variance from buoyancy and self-regulation.