

Table 1*Sample Characteristics (N= 298)*

Sex	
Men	115 (38.6%)
Women	183 (61.4%)
Chronological age	
50 - 54	85 (29.1%)
55-59	99 (33.5%)
60-64	66 (22.3 %)
65-69	35 (11.8%)
70 +	10 (0.03%)
Matrimonial status	
Married or in union	191 (64.1%)
Divorced, widowed ou separeted	59 (19.8%)
Alone	47 (15.8%)
Scolarity	
Without diploma	15 (5%)
High school degree	25 (8.4%)
Professional diploma	26 (8.7%)
Collegial diploma (pre-university or technic) *Specific in Quebec, otherwise known as CEGEP	46 (15.4%)
University degree	186 (62.4%)
Perception of economic status compared to others of the same age	
I consider myself as financially secure	86 (29.2%)
I consider that I have sufficient income	172 (57.7%)
I consider myself poor	36 (12.1%)
I consider myself as very poor	1 (0.003%)
I don't know	2 (0.007%)
Country of origin	
Canada	182 (61.1%)
United-states	9 (3.0%)
United kingdom	40 (13.4%)
Portugal	6 (2.0%)
France	5 (1.7%)
Italy	4 (1.3%)
Other	10 (3%)
N.A.	34 (11.4%)
Status of the job	
Professional	91 (30.5%)
Manager	66 (22.1%)
Technical profession	58 (19.5%)
Support employee	42 (14.1%)
Working hours	
35 hours or less	154 (52.6%)
36 to 40 hours a week	99 (33.79%)
More than 40 hours a week	40 (13,6%)