

**Table 4***Linear Regression of Variables Toward the use of Informative Resources*

Variables	Informative resources	
	<i>B</i>	<i>SE</i>
Age		
25 years and up vs. Under 25 years	.19**	.07
Sport season		
Sumer vs. Winter	-.19**	.08
Years on the national team		
5 years and up vs. Less than 5 years	.04	.07
Highest level of completed education		
University diploma vs. No university diploma	-.03	.08
Affiliated centre or institute		
Eastern vs. Western	-.15**	.06
Engagement in a career outside of sport		
Very vs. Little	.24***	.08
Lack of knowledge barrier		
Barrier vs. Not a barrier	-.14**	.07

\* $p < .05$ , \*\* $p < .01$ , \*\*\* $p < .001$